Physical Function – Short Form 4a

Please respond to each question or statement by marking one box per row.

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFA11	Are you able to do chores such as vacuuming or yard work?	5	4	3	2	1
PFA21	Are you able to go up and down stairs at a normal pace?	5	4	3	2	1
PFA23	Are you able to go for a walk of at least 15 minutes?	5	4	3	2	1
PFA53	Are you able to run errands and shop?	5	4	3	2	1