*This question and instructions have been taken from the MQOL Original, which is a larger instrument.*

**Instructions:**

* The questions in this questionnaire begin with a statement followed by two opposite answers. Numbers extend from one extreme answer to its opposite.
* Please circle the number between 0 and 10 which is most true for you.
* There are no right or wrong answers.
* Completely honest answers will be most helpful.

IT IS VERY IMPORTANT THAT YOU ANSWER ALL QUESTIONS FOR HOW YOU HAVE BEEN FEELING JUST IN THE PAST TWO (2) DAYS.

**Question:**

Considering all parts of my life - physical, emotional, social, spiritual, and financial - over the past two (2) days the quality of my life has been:

Very bad \_ 0 \_ 1 \_ 2 \_ 3 \_ 4 \_ 5 \_ 6 \_ 7 \_ 8 \_ 9 \_ 10 Excellent

Notes:

Free to use but please complete User and Information Registration form to use this instrument.

Part A is the single item scale measuring overall (global) quality of life.

References

1. Cohen, S. R., Mount, B. M., Bruera, E., Provost, M., Rowe, J., & Tong, K. (1997). Validity of the McGill Quality of Life Questionnaire in the palliative care setting: A multi-centre Canadian study demonstrating the importance of the existential domain. Palliative Medicine, 11(1), 3-20.
2. Cohen, S. R., Mount, B. M., Tomas, J. J., & Mount, L. F. (1996). Existential well-being is an important determinant of quality of life. Evidence from the McGill Quality of Life Questionnaire. Cancer, 77(3), 576-586.